

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 1  
4-11-2018 - 13:30

200m schoolslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
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**Masters 35+, Heren**

1. Kristiaan Lenos	ZVL-1886	2:34.10	198301331	<b>2:36.73</b>	34.32	1:13.59		2:36.73
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**Masters 40+, Heren**

DIS Aleksey Bayevsky	SwimGym	2:40.00	197801923					
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*AA - Gestart voor het startsignaal (en wel gezwommen).*

**Masters 45+, Heren**

1. Chang Bom	The Hague Swimming	(3:13.49	197201483	<b>3:05.89</b>	41.20	1:27.97		3:05.89
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**Masters 50+, Heren**

1. Joop Weenink	WS Twente	3:02.85	196801535	<b>3:03.75</b>	42.58	1:29.14		3:03.75
2. Erik Saan	De Duck	3:20.52	196500769	<b>3:20.00</b>	44.99	1:36.07		3:20.00
3. Gertjan van der Vaart	ZVVS	3:28.95	196801529	<b>3:26.77</b>	45.41	1:38.05		3:26.77

DIS Vincent Eijt  
WVZ NT 196701735  
*SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.*

**Masters 60+, Heren**

1. Wim de Lange	AZC	3:12.48	195800533	<b>3:12.41</b>	42.80	1:31.07		3:12.41
2. Bert Kwakernaak	Nat Utrecht	3:30.00	195500431	<b>3:47.86</b>	49.09	1:46.78		3:47.86

**Masters 25+, Dames**

AFGEM Suzan Blankestijn	ZVL-1886	3:02.50	198900350					
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**Masters 40+, Dames**

1. Marian Nederlof	De Geul	3:20.18	197600950	<b>3:28.49</b>	46.53	1:37.90		3:28.49
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**Masters 45+, Dames**

1. Karin Stein	ZVVS	2:59.43	197100554	<b>3:03.28</b>	41.74			3:03.28
2. Pauline Tromp-de Lang	ZZ&PC De Devel	3:25.00	197001032	<b>3:53.00</b>	52.14	1:50.65		3:53.00

**Masters 55+, Dames**

1. Inge Wolfs	PLONS	3:30.00	196000304	<b>3:33.00</b>	48.75	1:42.66		3:33.00
2. Lia Bijkerk	WIDEX GZC DONK	4:08.17	196000014	<b>4:03.80</b>	52.90	1:56.31		4:03.80

**Masters 75+, Dames**

1. Liesbeth ter Laak	PSV	6:10.13	194200008	<b>6:15.24</b>	1:26.48	2:58.32		6:15.24
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Programmanr. 2  
4-11-2018 - 13:45

50m vrije slag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT
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**Masters 20+, Heren**

1. Nick Sijmons	De Amstel	24.87	199500491	<b>25.20</b>
2. Arthur Kreditch	SwimGym	29.33	199406701	<b>28.16</b>

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 2, 50m vrije slag

Masters 25+, Heren

1.	Martijn Dolk	Rotterdam Swimming (SG)	24.53	198900737	<b>24.73</b>
2.	Jeffrey van 't Schip	De Amstel	25.97	199102035	<b>26.03</b>
3.	Kais Baccour	SwimGym	28.00	199107775	<b>28.50</b>
4.	Romke van Dijk	SwimGym	NT	199007679	<b>35.70</b>

Masters 30+, Heren

1.	Steenkamp Vernon	SwimGym	25.97	198604787	<b>26.35</b>
2.	Guido Moret	Feijenoord Albion Zwemclub	27.69	198501793	<b>27.43</b>

Masters 35+, Heren

1.	Johan Kenkhuis	SwimGym	24.50	198002347	<b>24.13</b>
2.	Stan Dekker	PLONS	26.94	197901823	<b>27.36</b>
3.	Bart Amsing	AZC	27.50	198200027	<b>27.55</b>
4.	Bart Groenemans	PLONS	27.50	198200551	<b>27.62</b>

Masters 40+, Heren

1.	Pieter Broek	Zwemvereniging Westland	26.64	197701637	<b>26.83</b>
2.	Philip Yeldon	SwimGym	27.00	197401535	<b>27.36</b>
3.	Francois Boudreault	PLONS	29.00	197401155	<b>28.66</b>
4.	Emiel Volker	ZVL-1886	29.69	197601605	<b>29.41</b>
5.	Jeroen Hoeksel	ZVVS	34.74	197401533	<b>34.96</b>
6.	Adrian van Oostrum	Nat Utrecht	36.00	197601641	<b>36.50</b>

Masters 45+, Heren

1.	Gillis Biesheuvel	SwimGym	NT	197201659	<b>28.47</b>	
2.	Martin Berkhout	Zvl-1886	NT	197101123	<b>29.44</b>	
3.	Jan Roelants	Nat Utrecht	37.50	197301579	<b>38.36</b>	
4.	Jeff van Loon	De Geul	38.27	197001687	<b>38.50</b>	S7
DIS	Harry Raven	Feijenoord Albion Zwemclub	28.70	197000831		

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 50+, Heren

1.	Ivo Kokje	Nat Utrecht	29.28	196601483	<b>29.73</b>
2.	Hans Bouwmeester	ZVL-1886	29.90	196700127	<b>30.15</b>
3.	Philip van der Gaag	Zwemvereniging Westland	29.92	196801627	<b>30.21</b>
4.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	28.83	196501539	<b>30.92</b>
5.	Harald Mulder	WVZ	32.11	196701459	<b>32.14</b>
6.	Pierre de Groot	WIDEX GZC DONK	31.66	196401431	<b>32.38</b>
7.	Caspar Boendermaker	ZVL-1886	35.36	196501605	<b>32.99</b>
8.	Hans Bijleveld	The Hague Swimming (SG)	34.58	196601649	<b>34.15</b>

Masters 55+, Heren

1.	Henk Kuipers	UZSC	30.55	196201207	<b>30.84</b>
2.	Adrian Ortiz Buitrago	WIDEX GZC DONK	29.16	196000931	<b>30.98</b>
3.	Henk Gierveld	Nat Utrecht	32.00	196000869	<b>33.81</b>

Masters 60+, Heren

1.	Peter Coffeng	WIDEX GZC DONK	33.94	195700063	<b>34.59</b>
AFGEM	Nartano Glijn	UZSC	28.71	195500449	

Masters 65+, Heren

AFGEM	Harry Quere	ZVS	NT	195000189	
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Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 2, 50m vrije slag

Masters 70+, Heren

1. Peter Ouweeneel	Rotterdam Swimming (SG)	48.20	194500077	<b>49.66</b>
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Masters 75+, Heren

1. Geza Kaltenecker	AZC	36.51	194200065	<b>37.07</b>
2. Wim ter Laak	PSV	52.68	194000027	<b>54.25</b>
3. Rob Toet	Nat Utrecht	1:00.00	194200061	<b>55.83</b>

Masters 20+, Dames

1. Hanneke Schoenmakers	ZVVS	30.78	199801820	<b>31.26</b>
2. Mariska Schols	Rotterdam Swimming (SG)	44.19	199606804	<b>42.45</b>

Masters 25+, Dames

1. Tessa Kerkvliet	ZVL-1886	34.32	199202428	<b>34.04</b>
2. Carola van Wagendonk	SwimGym	35.00	199108642	<b>34.15</b>
3. Didi Smit	AZC	46.46	199104470	<b>42.05</b>

Masters 30+, Dames

1. Auke de Lange	AZC	30.75	198602226	<b>29.94</b>
2. Christa Stam	Rotterdam Swimming (SG)	30.05	198806790	<b>30.07</b>
3. Monique Remst	AZC	29.95	198706236	<b>30.10</b>
4. Mariska Zaal	AZC	31.55	198806916	<b>32.41</b>
5. Marianne de Bruin	Sassenheim	34.28	198400448	<b>32.43</b>
6. Femke Smits	Rotterdam Swimming (SG)	39.52	198403574	<b>39.05</b>

Masters 40+, Dames

1. Lauren Rodriguez	The Hague Swimming (SG)	30.82	197801358	<b>30.02</b>
2. Jacqueline de Rooter-Wijnolst	WIDEX GZC DONK	31.49	197400446	<b>31.62</b>
3. Shalome Veldhuizen-File	PLONS	NT	197601148	<b>40.84</b>

Masters 45+, Dames

1. Joyce Brummelkamp	ZVVS	37.36	197000952	<b>35.23</b>
2. Nathasja Konijn	WIDEX GZC DONK	36.52	197100992	<b>36.50</b>

Masters 50+, Dames

1. Yvette Kilian	WVZ	37.37	196600534	<b>34.82</b>
2. Feikje Wittermans	WIDEX GZC DONK	35.72	196400408	<b>36.43</b>
3. Caroline Kruger	Feijenoord Albion Zwemclub	34.65	196800928	<b>36.96</b>
4. Pauline de Haas	The Hague Swimming (SG)	41.69	196400618	<b>41.33</b>

Masters 65+, Dames

1. Tineke van Diggelen	ZPCH	43.05	195200048	<b>44.92</b>
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Programmanr. 3  
4-11-2018 - 13:55

200m vlinderslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+, Heren</b>								
1. Lars Schoffelmeeer	ZPB H&L Productions	2:13.40	199501907	<b>2:16.72</b>	29.78	1:04.59		2:16.72
<b>Masters 25+, Heren</b>								
1. Ruben Stolk	ZPB H&L Productions	2:29.26	199005665	<b>2:31.59</b>	31.85	1:09.16		2:31.59

Regio West Open Masters deel 2  
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Programmanr. 3, 200m vlinderslag

Masters 35+, Heren

1. Arjan Buijsse Sassenheim 2:43.21 197901767 **2:49.51** 33.88 1:13.91 2:49.51

Masters 50+, Heren

1. Vincent Eijt WVZ NT 196701735 **3:41.09** 48.17 1:43.71 3:41.09

Masters 55+, Heren

1. Johan Remmits ZPC Woerden 2:35.07 196201159 **2:37.96** 34.11 1:13.36 2:37.96

Masters 60+, Heren

1. Aaldert Mellema Nat Utrecht 3:30.00 195700233 **3:48.71** 48.39 1:46.37 3:48.71

Masters 25+, Dames

1. Linda van der Voort ZVL-1886 2:50.50 199207784 **2:46.27** 34.23 1:13.95 2:46.27  
DIS Cathy Schrijner ZVL-1886 3:40.00 199108044  
*VC - Armen niet over het water naar voren gebracht.*

AFGEM Suzan Blankestijn ZVL-1886 3:13.00 198900350

Masters 30+, Dames

1. Rianne Hofland Sassenheim 2:49.06 198801820 **2:45.96** 34.69 1:15.68 2:45.96

Masters 35+, Dames

1. Linda Hoogendam WVZ 3:07.34 198300892 **3:15.38** 42.55 1:33.16 3:15.38

Masters 50+, Dames

1. Anita Steijger WVZ 3:43.88 196500628 **3:34.39** 46.70 1:41.02 3:34.39

Masters 55+, Dames

1. Marjan Remmits ZPC Woerden 3:00.92 196300518 **3:08.57** 40.20 1:28.81 3:08.57  
2. Inge Wolfs PLONS 3:15.30 196000304 **3:18.24** 41.31 1:29.98 3:18.24

Programmanr. 4  
4-11-2018 - 14:10

50m rugslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
<b>Masters 25+, Heren</b>						
1.	Martijn Dolk	Rotterdam Swimming (SG)	29.40	198900737	<b>29.32</b>	
2.	Jeffrey van 't Schip	De Amstel	30.16	199102035	<b>30.48</b>	
<b>Masters 40+, Heren</b>						
1.	Markus van Rest	WVZ	31.61	197701197	<b>31.96</b>	
2.	Emiel Volker	ZVL-1886	40.02	197601605	<b>41.21</b>	
3.	Jeroen Hoeksel	ZVVS	44.98	197401533	<b>43.05</b>	
4.	Leon Erkelens	Rotterdam Swimming (SG)	NT	197401539	<b>43.96</b>	
5.	Adrian van Oostrum	Nat Utrecht	46.00	197601641	<b>44.96</b>	
<b>Masters 50+, Heren</b>						
1.	Ivo Kokje	Nat Utrecht	36.06	196601483	<b>36.37</b>	
2.	Henri Michels	De Amstel	39.22	196501587	<b>37.59</b>	
3.	Caspar Boendermaker	ZVL-1886	41.82	196501605	<b>40.58</b>	

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 4, 50m rugslag

Masters 55+, Heren

1.	Arthur van Strien	WVZ	33.54	196301401	<b>33.43</b>
2.	Hans de Groot	Nat Utrecht	40.00	195900177	<b>38.90</b>
3.	Adrian Ortiz Buitrago	WIDEX GZC DONK	43.13	196000931	<b>41.21</b>

Masters 60+, Heren

1.	Peter Coffeng	WIDEX GZC DONK	44.51	195700063	<b>46.47</b>
AFGEM	Nartano Glijn	UZSC	35.60	195500449	

Masters 75+, Heren

1.	Rob Toet	Nat Utrecht	1:05.00	194200061	<b>1:00.22</b>
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Masters 20+, Dames

1.	Eline Molle	De Geul	39.46	199404276	<b>42.07</b>
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Masters 30+, Dames

1.	Eloise Cilia	ZVL-1886	32.42	198806960	<b>32.39</b>
2.	Femke Smits	Rotterdam Swimming (SG)	47.98	198403574	<b>46.31</b>

Masters 35+, Dames

DIS	Tamara Wezeman	SwimGym	37.50	198302914	
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*RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.*

Masters 40+, Dames

1.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	35.12	197500884	<b>35.30</b>
2.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	37.37	197400446	<b>37.43</b>
3.	Leontine Loeber	SwimGym	40.00	197701010	<b>41.86</b>
4.	Shalome Veldhuizen-File	PLONS	NT	197601148	<b>51.13</b>

Masters 45+, Dames

1.	Joyce Brummelkamp	ZVVS	43.54	197000952	<b>42.37</b>
2.	Linda Goderie	Rotterdam Swimming (SG)	46.44	196900976	<b>45.52</b>
3.	Pauline Tromp-de Lang	ZZ&PC De Devel	44.15	197001032	<b>46.04</b>

Masters 50+, Dames

1.	Yvette Kilian	WVZ	43.92	196600534	<b>44.13</b>
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Masters 55+, Dames

1.	Lia Bijkerk	WIDEX GZC DONK	49.53	196000014	<b>50.00</b>
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Programmanr. 5  
4-11-2018 - 14:15

400m vrije slag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Jordy van Oel	WVZ	4:30.78	199802003	<b>4:28.66</b>
	50m: 30.13	30.13	150m:	250m:	350m:
	100m: 1:03.83	33.70	200m: 2:12.50	300m:	400m: 4:28.66
2.	Wesley van der Luit	Sassenheim	4:50.96	199701895	<b>4:47.12</b>
	50m: 31.89	31.89	150m:	250m:	350m:
	100m: 1:07.28	35.39	200m: 2:20.23	300m:	400m: 4:47.12

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 5, 400m vrije slag

Masters 25+, Heren

1. Stefan Oostendorp	AZC	4:50.60	199005615	<b>5:14.20</b>
50m: 33.30	33.30	150m:	250m:	350m:
100m: 1:10.53	37.23	200m: 2:28.61	300m:	400m: 5:14.20

Masters 40+, Heren

1. Mark van der Schrier	AZC	4:35.50	197800951	<b>4:52.05</b>
50m: 31.25	31.25	150m:	250m:	350m:
100m: 1:06.12	34.87	200m: 2:20.19	300m:	400m: 4:52.05
2. Erik Rushton	WIDEX GZC DONK	6:04.10	197601573	<b>6:04.72</b>
50m: 40.05	40.05	150m:	250m:	350m:
100m: 1:24.69	44.64	200m: 2:57.00	300m:	400m: 6:04.72

Masters 45+, Heren

1. Joeri Stoffels	AZC	4:25.00	197300851	<b>5:01.91</b>
50m: 30.75	30.75	150m:	250m:	350m:
100m: 1:04.00	33.25	200m: 2:16.64	300m:	400m: 5:01.91
2. Frank van Nobelen	Sassenheim	4:54.46	196900753	<b>5:02.90</b>
50m: 33.63	33.63	150m:	250m:	350m:
100m: 1:10.52	36.89	200m: 2:27.59	300m:	400m: 5:02.90
3. Harry Raven	Feijenoord Albion Zwemclub	5:27.81	197000831	<b>5:17.76</b>
50m: 35.26	35.26	150m:	250m:	350m:
100m: 1:15.22	39.96	200m: 2:34.99	300m:	400m: 5:17.76

Masters 50+, Heren

1. Otto Jansen	ZVL-1886	5:14.64	196501403	<b>5:10.82</b>
50m: 33.95	33.95	150m:	250m:	350m:
100m: 1:11.47	37.52	200m: 2:31.46	300m:	400m: 5:10.82
2. Hans Bouwmeester	ZVL-1886	5:12.00	196700127	<b>5:14.60</b>
50m: 35.09	35.09	150m:	250m:	350m:
100m: 1:13.05	37.96	200m: 2:32.08	300m:	400m: 5:14.60
3. Fred Dijkshoorn	Feijenoord Albion Zwemclub	5:21.18	196501539	<b>5:18.32</b>
50m: 36.49	36.49	150m:	250m:	350m:
100m: 1:16.15	39.66	200m: 2:38.72	300m:	400m: 5:18.32
4. Jan Smalheer	SCOM	5:41.20	196400701	<b>5:47.58</b>
50m: 39.41	39.41	150m:	250m:	350m:
100m: 1:28.88	49.47	200m: 2:49.45	300m:	400m: 5:47.58

Masters 55+, Heren

1. Henk Gierveld	Nat Utrecht	5:50.00	196000869	<b>6:14.01</b>
50m: 40.06	40.06	150m:	250m:	350m:
100m: 1:24.28	44.22	200m: 2:59.63	300m:	400m: 6:14.01

Masters 60+, Heren

AFGEM Wim Scherpenisse	UZSC	6:30.00	195500447	
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Masters 75+, Heren

1. Geza Kaltenecker	AZC	7:03.81	194200065	<b>7:01.37</b>
50m: 45.81	45.81	150m:	250m:	350m:
100m: 1:38.13	52.32	200m: 3:26.24	300m:	400m: 7:01.37

Masters 20+, Dames

1. Mariska Gach	ZVL-1886	5:27.35	199501760	<b>6:01.63</b>
50m: 39.69	39.69	150m:	250m:	350m:
100m: 1:24.56	44.87	200m: 2:56.98	300m:	400m: 6:01.63

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 5, 400m vrije slag

Masters 25+, Dames

1.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	5:28.31	199100238	<b>5:29.06</b>
	50m: 35.46	35.46 150m:		250m:	350m:
	100m: 1:15.83	40.37 200m: 2:39.33		300m:	400m: 5:29.06
2.	Xandra Otter	WIDEX GZC DONK	6:13.46	199006046	<b>6:19.72</b>
	50m: 42.56	42.56 150m:		250m:	350m:
	100m: 1:29.29	46.73 200m: 3:06.16		300m:	400m: 6:19.72
AFGEM	Suzan Blankestijn	ZVL-1886	5:14.96	198900350	

Masters 30+, Dames

1.	Chantal Veneman	Rotterdam Swimming (SG)	NT	198704232	<b>6:08.22</b>
	50m: 38.90	38.90 150m:		250m:	350m:
	100m: 1:22.47	43.57 200m: 2:55.33		300m:	400m: 6:08.22

Masters 35+, Dames

1.	Jessica Venema	WIDEX GZC DONK	5:17.57	197901526	<b>5:31.43</b>
	50m: 36.25	36.25 150m:		250m:	350m:
	100m: 1:16.52	40.27 200m: 2:40.33		300m:	400m: 5:31.43
2.	Ramona Linting	LinK	5:06.66	198301274	<b>5:37.89</b>
	50m: 36.64	36.64 150m:		250m:	350m:
	100m: 1:18.33	41.69 200m: 2:45.14		300m:	400m: 5:37.89
3.	Clara Groenhorst	ZVVS	6:38.62	198202506	<b>6:29.70</b>
	50m: 41.08	41.08 150m:		250m:	350m:
	100m: 1:26.71	45.63 200m: 3:04.79		300m:	400m: 6:29.70

Masters 50+, Dames

1.	Hetty Smalheer	SCOM	6:24.81	196700352	<b>6:35.45</b>
	50m: 43.72	43.72 150m:		250m:	350m:
	100m: 1:31.65	47.93 200m: 3:09.65		300m:	400m: 6:35.45
2.	Sandra Hoofs-Buil	The Hague Swimming (SG)	NT	196600678	<b>6:35.86</b>
	50m: 42.12	42.12 150m:		250m:	350m:
	100m: 1:29.12	47.00 200m: 3:12.36		300m:	400m: 6:35.86

Masters 55+, Dames

AFGEM	Annemarie Straetmans	De Geul	7:00.56	196300508	
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Masters 65+, Dames

1.	Tineke van Diggelen	ZPCH	7:54.47	195200048	<b>8:09.76</b>
	50m: 51.55	51.55 150m:		250m:	350m:
	100m: 1:49.52	57.97 200m: 3:54.03		300m:	400m: 8:09.76

Programmanr. 6  
4-11-2018 - 15:05

200m rugslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 35+, Heren</b>									
1.	Stan Dekker	PLONS	2:33.21	197901823	<b>2:31.18</b>	34.89	1:13.29		2:31.18
2.	Bart Groenemans	PLONS	2:36.00	198200551	<b>2:36.62</b>	36.45	1:15.77		2:36.62
<b>Masters 40+, Heren</b>									
1.	Jeroen Hoeksel	ZVVS	4:03.25	197401533	<b>3:16.20</b>	46.04	1:35.77		3:16.20
<b>Masters 50+, Heren</b>									
1.	Hans Bijleveld	The Hague Swimming	(3:15.30	196601649	<b>3:13.79</b>	46.73	1:35.32		3:13.79

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 6, 200m rugslag

Masters 55+, Heren

1. Johan Remmits	ZPC Woerden	2:25.48	196201159	<b>2:26.45</b>	34.67	1:11.18	2:26.45
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Masters 30+, Dames

1. Eloise Cilia	ZVL-1886	2:34.01	198806960	<b>2:35.29</b>	34.68	1:12.77	2:35.29
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Masters 40+, Dames

1. M. den Drijver-Aarse	Zwemvereniging Westl	2:46.80	197500884	<b>2:47.94</b>	39.36	1:22.64	2:47.94
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Masters 45+, Dames

1. Nathasja Konijn	WIDEX GZC DONK	3:22.68	197100992	<b>3:16.83</b>	46.59	1:36.43	3:16.83
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Masters 50+, Dames

1. Feikje Wittermans	WIDEX GZC DONK	3:00.59	196400408	<b>3:11.33</b>	43.93	1:31.87	3:11.33
2. Patricia de Jong	PLONS		NT 196600728	<b>3:26.26</b>	46.73	1:37.80	3:26.26

Programmanr. 7  
4-11-2018 - 15:10

50m schoolslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
<b>Masters 20+, Heren</b>						
1.	Nick Sijmons	De Amstel	31.82	199500491	<b>31.38</b>	
<b>Masters 25+, Heren</b>						
1.	Martijn Dolk	Rotterdam Swimming (SG)	31.27	198900737	<b>31.76</b>	
2.	Stefan Oostendorp	AZC	37.21	199005615	<b>37.55</b>	
<b>Masters 40+, Heren</b>						
1.	Aleksey Bayevsky	SwimGym	32.00	197801923	<b>34.59</b>	
2.	Erik Rushton	WIDEX GZC DONK	43.31	197601573	<b>44.14</b>	
3.	Adrian van Oostrum	Nat Utrecht	46.00	197601641	<b>49.19</b>	
<b>Masters 45+, Heren</b>						
1.	Jan Roelants	Nat Utrecht	41.82	197301579	<b>41.85</b>	
2.	Jeff van Loon	De Geul	50.85	197001687	<b>52.41</b>	371
<b>Masters 50+, Heren</b>						
1.	Erik Saan	De Duck	41.39	196500769	<b>39.94</b>	
2.	Philip van der Gaag	Zwemvereniging Westland	40.12	196801627	<b>40.54</b>	
3.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	40.33	196501539	<b>40.71</b>	
4.	Pierre de Groot	WIDEX GZC DONK	40.85	196401431	<b>41.97</b>	
5.	Caspar Boendermaker	ZVL-1886	50.00	196501605	<b>47.79</b>	
<b>Masters 60+, Heren</b>						
1.	Bert Kwakernaak	Nat Utrecht	45.00	195500431	<b>45.20</b>	
2.	Aaldert Mellema	Nat Utrecht	43.00	195700233	<b>45.54</b>	
AFGEM	Nartano Glijn	UZSC	40.28	195500449		
<b>Masters 65+, Heren</b>						
AFGEM	Harry Quere	ZVS	NT	195000189		



Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 7, 50m schoolslag

Masters 20+, Dames

1. Shamira Wijntuin SwimGym NT 199806620 **43.71**

Masters 25+, Dames

1. Cathy Schrijner ZVL-1886 46.69 199108044 **47.83**

Masters 30+, Dames

1. Mariska Zaal AZC 40.66 198806916 **40.68**  
2. Chantal Veneman Rotterdam Swimming (SG) 45.26 198704232 **42.42**

Masters 35+, Dames

1. Jessica Venema WIDEX GZC DONK 42.79 197901526 **43.35**

Masters 40+, Dames

1. Shalome Veldhuizen-File PLONS NT 197601148 **57.78**

Masters 45+, Dames

1. Joyce Brummelkamp ZVVS 50.10 197000952 **49.06**

Masters 50+, Dames

1. Yvette Kilian WVZ 47.06 196600534 **44.76**  
2. Pauline de Haas The Hague Swimming (SG) 55.42 196400618 **56.33**

Masters 55+, Dames

1. Lia Bijkerk WIDEX GZC DONK 50.21 196000014 **51.72**

Masters 75+, Dames

1. Liesbeth ter Laak PSV 1:23.82 194200008 **1:21.65**

Programmanr. 8  
4-11-2018 - 15:20

200m vrije slag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+, Heren</b>								
1. Arthur Kreditch	SwimGym	2:36.00	199406701	<b>2:25.57</b>	32.05	1:08.18		2:25.57
<b>Masters 25+, Heren</b>								
1. Kais Baccour	SwimGym	NT	199107775	<b>2:25.84</b>	35.94	1:13.56		2:25.84
2. Romke van Dijk	SwimGym	NT	199007679	<b>3:08.30</b>	43.66	1:32.10		3:08.30
<b>Masters 30+, Heren</b>								
1. Guido Moret	Feijenoord Albion Zwen	2:33.14	198501793	<b>2:19.19</b>	30.32	1:04.80		2:19.19
<b>Masters 35+, Heren</b>								
1. Kristiaan Lenos	ZVL-1886	2:01.27	198301331	<b>2:02.53</b>	27.52	57.82		2:02.53
2. Bart Amsing	AZC	2:20.00	198200027	<b>2:19.20</b>	30.91	1:05.91		2:19.20
3. Arjan Buijsse	Sassenheim	2:20.57	197901767	<b>2:23.25</b>	33.56	1:11.04		2:23.25

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 8, 200m vrije slag

Masters 40+, Heren

1. Markus van Rest	WVZ	2:16.83	197701197	<b>2:22.00</b>	31.89	1:08.29	2:22.00
2. Pieter Broek	Zwemvereniging Westland	NT	197701637	<b>2:23.27</b>	30.17	1:05.03	2:23.27
3. Francois Boudreault	PLONS	2:23.00	197401155	<b>2:25.45</b>	33.99	1:12.02	2:25.45
4. Emiel Volker	ZVL-1886	2:37.26	197601605	<b>2:37.67</b>	32.91	1:10.52	2:37.67
5. Leon Erkelens	Rotterdam Swimming (SG)	NT	197401539	<b>3:05.39</b>	36.81	1:21.53	3:05.39

Masters 45+, Heren

1. Martin Berkhout	Zvl-1886	NT	197101123	<b>2:31.42</b>	32.83	1:11.07	2:31.42
2. Chang Bom	The Hague Swimming	(2:40.00)	197201483	<b>2:38.55</b>	35.33	1:15.48	2:38.55

Masters 50+, Heren

1. Henri Michels	De Amstel	2:21.70	196501587	<b>2:23.94</b>	33.37	1:09.01	2:23.94
2. Jan Smalheer	SCOM	2:41.33	196400701	<b>2:41.37</b>	36.33	1:17.20	2:41.37
3. Joop Weenink	WS Twente	2:52.67	196801535	<b>2:48.33</b>	37.89	1:20.92	2:48.33
4. Gertjan van der Vaart	ZVVS	2:55.29	196801529	<b>2:54.81</b>	38.03	1:21.36	2:54.81

Masters 55+, Heren

1. Arthur van Strien	WVZ	2:21.87	196301401	<b>2:20.43</b>	32.17	1:07.83	2:20.43
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Masters 60+, Heren

1. Peter Coffeng	WIDEX GZC DONK	3:05.02	195700063	<b>3:06.77</b>	41.40	1:27.96	3:06.77
AFGEM Wim Scherpenisse	UZSC	3:10.00	195500447				

Masters 70+, Heren

1. Peter Ouweneel	Rotterdam Swimming (SG)	NT	194500077	<b>4:40.28</b>	1:00.84	2:09.97	4:40.28
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Masters 75+, Heren

1. Geza Kaltenecker	AZC	3:25.28	194200065	<b>3:15.57</b>	43.53	1:33.88	3:15.57
2. Wim ter Laak	PSV	4:34.17	194000027	<b>4:38.72</b>	1:00.54	2:11.42	4:38.72

Masters 20+, Dames

1. Aylin van Uffelen	ZPB H&L Productions	2:17.87	199600352	<b>2:27.71</b>	34.02	1:10.92	2:27.71
2. Eline Molle	De Geul	2:41.75	199404276	<b>2:50.50</b>	37.19	1:21.42	2:50.50
3. Mariska Gach	ZVL-1886	2:33.87	199501760	<b>2:51.82</b>	38.89	1:22.65	2:51.82

Masters 25+, Dames

1. Tessa Kerkvliet	ZVL-1886	2:40.00	199202428	<b>2:45.25</b>	35.82	1:17.00	2:45.25
2. Didi Smit	AZC	3:25.00	199104470	<b>3:34.19</b>	47.19	1:41.73	3:34.19

Masters 30+, Dames

1. Monique Remst	AZC	2:20.60	198706236	<b>2:32.46</b>	33.32	1:11.29	2:32.46
2. Femke Smits	Rotterdam Swimming (SG)	NT	198403574	<b>3:28.05</b>	46.31	1:40.03	3:28.05

Masters 40+, Dames

1. J. de Ruiter-Wijnolst	WIDEX GZC DONK	2:33.06	197400446	<b>2:39.34</b>	34.56	1:14.81	2:39.34
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Masters 45+, Dames

1. Pauline Tromp-de Lang	ZZ&PC De Devel	2:45.00	197001032	<b>3:14.75</b>	44.48	1:32.56	3:14.75
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Masters 50+, Dames

1. Anita Steijger	WVZ	2:53.93	196500628	<b>2:57.68</b>	42.23	1:27.39	2:57.68
DIS Caroline Kruger	Feijenoord Albion	Zwen3:15.00	196800928				

VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 8, 200m vrije slag

Masters 65+, Dames

1. Geerdien Meerwaldt	De Geul	4:07.42	195200058	<b>4:12.87</b>	57.31	2:01.41	4:12.87
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Programmanr. 9  
4-11-2018 - 15:40

50m vlinderslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
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Masters 20+, Heren

1.	Nick Sijmons	De Amstel	26.63	199500491	<b>26.78</b>	
2.	Jordy van Oel	WVZ	27.62	199802003	<b>28.83</b>	

Masters 25+, Heren

1.	Martijn Dolk	Rotterdam Swimming (SG)	28.06	198900737	<b>28.20</b>	
2.	Jeffrey van 't Schip	De Amstel	29.31	199102035	<b>29.36</b>	

Masters 30+, Heren

1.	Steenkamp Vernon	SwimGym	28.63	198604787	<b>29.36</b>	
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Masters 35+, Heren

1.	Bart Groenemans	PLONS	32.00	198200551	<b>31.12</b>	
2.	Stan Dekker	PLONS	33.22	197901823	<b>32.06</b>	

Masters 45+, Heren

1.	Gillis Biesheuvel	SwimGym	NT	197201659	<b>32.64</b>	
2.	Martin Berkhout	Zvl-1886	NT	197101123	<b>34.20</b>	
3.	Harry Raven	Feijenoord Albion Zwemclub	33.74	197000831	<b>34.41</b>	
4.	Jan Roelants	Nat Utrecht	45.00	197301579	<b>42.95</b>	

Masters 50+, Heren

1.	Harald Mulder	WVZ	33.49	196701459	<b>33.32</b>	
2.	Philip van der Gaag	Zwemvereniging Westland	33.87	196801627	<b>34.97</b>	
3.	Ivo Kokje	Nat Utrecht	33.31	196601483	<b>36.47</b>	
4.	Marco Schoenmakers	ZVVS	48.65	196401375	<b>44.60</b>	

Masters 55+, Heren

1.	Adrian Ortiz Buitrago	WIDEX GZC DONK	33.72	196000931	<b>34.99</b>	
2.	Henk Kuipers	UZSC	35.10	196201207	<b>35.54</b>	
3.	Hans de Groot	Nat Utrecht	43.00	195900177	<b>41.77</b>	

Masters 60+, Heren

1.	Bert Kwakernaak	Nat Utrecht	46.50	195500431	<b>45.46</b>	
AFGEM	Nartano Glijn	UZSC	32.06	195500449		
AFGEM	Wim Scherpenisse	UZSC	36.00	195500447		

Masters 20+, Dames

1.	Hanneke Schoenmakers	ZVVS	34.18	199801820	<b>33.87</b>	
2.	Shamira Wijntuin	SwimGym	NT	199806620	<b>38.00</b>	
3.	Mariska Schols	Rotterdam Swimming (SG)	1:02.21	199606804	<b>58.87</b>	

Masters 25+, Dames

1.	Xandra Otter	WIDEX GZC DONK	47.17	199006046	<b>46.70</b>	
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Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 9, 50m vlinderslag

Masters 30+, Dames

1. Eloise Cilia	ZVL-1886	31.53	198806960	<b>32.02</b>
2. Christa Stam	Rotterdam Swimming (SG)	32.41	198806790	<b>32.80</b>
3. Auke de Lange	AZC	35.60	198602226	<b>33.87</b>
4. Marianne de Bruin	Sassenheim	38.19	198400448	<b>36.68</b>
5. Chantal Veneman	Rotterdam Swimming (SG)	36.42	198704232	<b>38.27</b>

Masters 35+, Dames

1. Tamara Wezeman	SwimGym	37.00	198302914	<b>35.23</b>
2. Ramona Linting	LinK	34.08	198301274	<b>38.89</b>
3. Clara Groenhorst	ZVVS	42.15	198202506	<b>44.23</b>

Masters 40+, Dames

1. Lauren Rodriguez	The Hague Swimming (SG)	34.27	197801358	<b>33.87</b>
2. Mirjan den Drijver-Aarse	Zwemvereniging Westland	32.95	197500884	<b>35.45</b>
3. Marian Nederlof	De Geul	38.23	197600950	<b>37.07</b>

Masters 45+, Dames

1. Pauline Tromp-de Lang	ZZ&PC De Devel	45.30	197001032	<b>48.45</b>
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Masters 50+, Dames

1. Sandra Hoofs-Buil	The Hague Swimming (SG)	38.98	196600678	<b>38.25</b>
2. Feikje Wittermans	WIDEX GZC DONK	39.27	196400408	<b>41.78</b>

Masters 55+, Dames

1. Marjan Remmits	ZPC Woerden	32.59	196300518	<b>33.81</b>
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Programmanr. 10  
4-11-2018 - 15:50

200m wisselslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 35+, Heren</b>								
1. Kristiaan Lenos	ZVL-1886	2:16.72	198301331	<b>2:21.61</b>				2:21.61
DIS Bart Amsing	AZC	2:50.00	198200027		29.29			
<i>RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.</i>								
<b>Masters 40+, Heren</b>								
AFGEM Erik Rushton	WIDEX GZC DONK	3:05.16	197601573					
<b>Masters 45+, Heren</b>								
1. Joeri Stoffels	AZC	2:35.19	197300851	<b>2:36.57</b>	33.51			2:36.57
2. Frank van Nobelen	Sassenheim	2:38.14	196900753	<b>2:39.80</b>	34.01			2:39.80
<b>Masters 50+, Heren</b>								
1. Hans Bouwmeester	ZVL-1886	2:50.00	196700127	<b>2:58.90</b>	38.44			2:58.90
2. Erik Saan	De Duck	2:57.96	196500769	<b>2:59.53</b>	36.29			2:59.53
<b>Masters 60+, Heren</b>								
1. Wim de Lange	AZC	2:56.56	195800533	<b>2:59.53</b>	39.47			2:59.53

Regio West Open Masters deel 2  
Leiden, 4-11-2018

Programmanr. 10, 200m wisselslag

Masters 25+, Dames

1. Linda van der Voort	ZVL-1886	2:43.96	199207784	<b>2:46.08</b>	33.52	2:46.08
2. J. van den Beukel	Feijenoord Albion Zwen	2:54.80	199100238	<b>2:59.18</b>	35.68	2:59.18
3. Cathy Schrijner	ZVL-1886	3:27.61	199108044	<b>3:26.40</b>	44.64	3:26.40

Masters 30+, Dames

1. Eloise Cilia	ZVL-1886	2:42.27	198806960	<b>2:43.06</b>	34.85	2:43.06
2. Monique Remst	AZC	2:52.36	198706236	<b>2:52.76</b>	35.35	2:52.76

Masters 35+, Dames

1. Linda Hoogendam	WVZ	3:08.45	198300892	<b>3:06.94</b>	40.53	3:06.94
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Masters 40+, Dames

1. Leontine Loeber	SwimGym	3:00.00	197701010	<b>3:16.73</b>	43.06	3:16.73
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Masters 45+, Dames

1. Karin Stein	ZVVS	2:51.63	197100554	<b>2:50.94</b>	37.43	2:50.94
2. Linda Goderie	Rotterdam Swimming (S3:23.00	196900976		<b>3:32.41</b>	46.62	3:32.41

Masters 50+, Dames

1. Hetty Smalheer	SCOM	3:20.49	196700352	<b>3:26.99</b>	47.96	3:26.99
AFGEM Patricia de Jong	PLONS		NT 196600728			

Programmanr. 11  
4-11-2018 - 16:05

4 x 100m wisselslag

lft 80 - 359  
Resultaten

rang	vereniging	intijd	tijd	RT
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160+, Heren

1. SwimGym 1	SwimGym	4:32.00	<b>4:33.51</b>	
Gillis Biesheuvel	72	37.39	1:14.78	Steenkamp Vernon
Johan Kenkhuis	80			Philip Yeldon
				86
				74

200+, Heren

1. Nat Utrecht	Nat Utrecht	NT	<b>5:39.37</b>	
Hans de Groot	59	42.29	1:26.95	Ivo Kokje
Jan Roelants	73			Aaldert Mellema
				66
				57

120+, Dames

AFGEM Rotterdam Swimming (SG)	Rotterdam Swimming (SG)	NT		
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100+, Gemengd

1. SwimGym 3	SwimGym	5:25.00	<b>5:15.46</b>	
Tessa Brouwer	91	32.65	1:07.28	Shamira Wijntuin
Romke van Dijk	90			Kais Baccour
				98
				91

Regio West Open Masters deel 2  
Leiden, 4-11-2018

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Programmanr. 11, 4 x 100m wisselslag

120+, Gemengd

1.	Sassenheim	Sassenheim		4:57.65	<b>4:58.94</b>	
	Rianne Hofland	88	35.47	1:13.47	Wesley van der Luit	97
	Arjan Buijsse	79			Marianne de Bruin	84
2.	SwimGym 2	SwimGym		4:55.00	<b>5:16.75</b>	
	Tamara Wezeman	83	37.60	1:19.14	Leontine Loeber	77
	Aleksey Bayevsky	78			Arthur Kreditch	94
DIS	ZVL-1886	ZVL-1886		4:48.58		
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt., 2e zwemmer</i>					
	Eloise Cilia	88	36.42	1:17.47	Kristiaan Lenos	83
	Emiel Volker	76			Linda van der Voort	92

160+, Gemengd

1.	The Hague Swimming (SG)	The Hague Swimming (SG)		5:54.03	<b>5:39.41</b>	
	Hans Bijleveld	66	44.00	1:28.84	Sandra Hoofs-Buil	66
	Chang Bom	72			Lauren Rodriguez	78
2.	WIDEX GZC DONK	WIDEX GZC DONK		5:44.02	<b>5:55.34</b>	
	Feikje Wittermans	64	43.47	1:28.62	Xandra Otter	90
	Adrian Ortiz Buitrago	60			Pierre de Groot	64